

Elizabeth Academy Secondary Elective Course Catalog 2023-2024

Course	Time	Teacher(s)	Description
Middle School Electives			
Integrated Art B	M/W Block 2	April Norby, Britta McAllister	Integrated Art is an inviting course written for beginning level artists but engaging for everyone. We will build on concepts and provide learning opportunities that incorporate a variety of artistic styles, techniques, and mediums. Become familiar with the basics of drawing, painting, sculpture, mixed media, and printmaking. Students will gain a broader perception of their environment through observation as well as different cultural perspectives through exposure to historical and contemporary art. This class is an opportunity for students to develop aesthetic awareness, practice creative problem solving skills, as well as allowing for personal growth through self expression.
Yoga	M/W Block 2	Kim Norman	In this class, students will learn that self regulation is essential for personal and social development. Students will learn about mindfulness, and will work on improved concentration, focus, and confidence through this wonderful form of exercise!
Creative Writing (.5-semester long)	T/TH Block 1	Jamie Oyler	This unit-based course will immerse students in a variety of fun and engaging creative writing ventures, including lyric writing, legends, scary stories, theater, and more! Learn some of the essential skills of making your writing come alive and keep it interesting in a fun and creative way. Beyond the fun nature of the class, the skills learned that are valuable for whatever your future holds!
Collaborative Sports (.5- semester long)	T/TH Block 1	Christine Strubell, Holly Postma	In Collaborative Sports, students will learn the fundamentals of soccer, flag football, floor hockey, and kickball. Students will learn the rules of each game, the positions associated with the sport, and strategy involved in game-play. In addition to this, students will also work on developing skills related to teamwork, communication, leadership, and sportsmanship. Throughout the class students will be able to recognize the mental and physical benefits of participating in sports. This course is a place to learn and experience the value of sports in a non-competitive and positive environment.
Music Studies	M/W Block 1	Rachel Kucera	In this course, students will expand their musical knowledge through a variety of unit based studies. Students will have the opportunity to learn skills on percussion, keyboard,

	or T/TH Block 2		string, and wind instruments throughout the semester. Students will also gain exposure and experience with how to read and interpret music components such as rhythms, notes on the staff, and music terminology that will appear in sheet music. Additionally, a portion of the class will be an independent study style course where students get to invest more practice time with instruments of their choice. Students will be expected to stay focused during their independent practice, work towards completing pieces to the best of their ability, and demonstrate skills through one on one interactions with the teacher. Using Montessori philosophy and elements of music therapy, this course is guided to the individual needs and interests of each student. Participants will also have the opportunity to improve their executive functioning skills, individual practice skills and time management, and will extend their knowledge through personalized project based learning pertaining to their individual musical goals and interests.
Media Arts	T/TH Block 2	Kat Kirk, Kim Norman, Jamie Oyler	Discover the world of filmmaking and photography in this interactive elective. You will be able to experience the filmmaking process step-by-step and learn a variety of skills and techniques, such as shot styles and picture composition, camera settings, powerful storytelling, stop motion, editing, and sound production. You will be able to explore different film styles, such as short films, documentaries, commercials and instructionals. You will be able to get creative and collaborate with others on various projects that can be shown at the Elizabeth Academy Film Festival, get submitted to the Tumbleweeds Film Contest, or be commemorated in the yearbook.
Theater	M/W Block 2	Shannon Foy, Holly Postma	Theater is a beginning course focusing on basic foundations and techniques in acting, improvisation, character analysis, and movement. This class wants each student to master studies in theater with broad preparation in liberal arts and humanities. This focuses the students on becoming familiar with basic acting techniques, theater history, dance, theatrical design, and theater production.
High School Electives			
Integrated Art B	M/W Block 1	April Norby, Britta McAllister	Integrated Art is an inviting course written for beginning level artists but engaging for everyone. We will build on concepts and provide learning opportunities that incorporate a variety of artistic styles, techniques, and mediums. Become familiar with the basics of drawing, painting, sculpture, mixed media, and printmaking. Students will gain a broader perception of their environment through observation as well as different cultural perspectives through exposure to historical and contemporary art. This class is an

			opportunity for students to develop aesthetic awareness, practice creative problem solving skills, as well as allowing for personal growth through self expression.
Science of Farm to Table	M/W Block 1	Jeff Swyers and Nicole Napolski	In Science of Farm to Table, students will work on indoor gardens, outdoor gardens, harvesting and cooking food grown by our gardens. We will integrate hydroponics and add Aquaponics. We will continue to build our outdoor garden. This is a hands-on, project base class.
Photojournalism (.5- Semester long- 1st Semester)	M/W Block 1	Kat Kirk, Kim Norman, and Jamie Oyler	In this project-based class, students will be able to participate in the creation of a school news channel, where they will be able to research and report on different topics, conduct interviews and create documentary film segments. Students will have the opportunity to connect with organizations and leaders in the larger community to gain a deeper understanding on various local issues. It is recommended that students have taken the foundational filmmaking class before joining this class.
Journalism/Yearbook/ Broadcasting (.5- Semester long- 2nd Semester)	M/W Block 1	Kat Kirk, Kim Norman, and Jamie Oyler	In this project-based class, students will be able to participate in the creation of the school yearbook and news publication. They will photograph and document school events, field trips, and classes at both campuses. They will implement design elements and learn to follow deadlines and utilize digital tools to organize the contents of the yearbook, as well as a news broadcast.
Leadership	M/W Block 1	Christine Strubell, Holly Postma	The Leadership course is meant to teach students how to build teamwork and strengthen involvement in community affairs, while also gaining leadership skills and techniques along the way. Topics in this class are all related to various leadership characteristics such as respect, communication, responsibility, honor, confidence, courage, perseverance, and innovation. Students will also apply their classroom understanding to their practical experiences through assisting the student council in planning and decorating for school events, as well as designing and coordinating a service project of their own each semester.
Spanish	M/W Block 2	Britta McAllister, Elena Suslov	In this course, our goal will be to acquire the Spanish language. "Acquiring" a language is very different from "learning" a language. Acquiring is something that happens to you instead of something that you make happen. When you "learned" how to speak your first language, you didn't actually learn it; you <u>acquired</u> it naturally by listening to other people speak it around you for a long time; not by studying it. Therefore, almost all of our class time will be

			<p>spent using Spanish to talk about interesting and important things in our lives and in the world. We will spend very little time learning <i>about</i> the Spanish language (studying grammar rules, memorizing vocabulary, etc.), because the human brain is not designed to learn language in that way. Instead, we will focus on finding content to listen to and read in class (interpretive communication) in order to give our brains lots of 'food' to process and turn into language in our heads. We will do some speaking and writing, but those skills will come naturally as you take in more and more Spanish through listening and reading, so they will not be a major focus of the course.</p>
Digital Studies (.5-Semester long)	M/W Block 2	Shannon Foy	<p>This course allows students to develop basic computing fundamentals, improve digital communications, identify the importance of protecting individual data, apply key applications, and maintain positive digital wellness. Students will have opportunities to use digital devices to apply skills to accomplish tasks more efficiently using creativity, critical thinking, productivity, and collaboration in the classroom and day-to-day life. Students will use this foundational knowledge as a connection to future educational pathways.</p>
Podcasting	M/W Block 2	Shannon Foy	<p>This course is designed for students to become better communicators and storytellers by rendering into the audio medium a research project from any class previously taken or a subject that students have comprehensive knowledge. This class has lessons on storytelling, sound gathering and interviews using smartphones, scriptwriting, audio editing, and developing a "radio voice." We will deconstruct great podcasts and use typical storytelling three acts structure of a beginning (set up), middle (confrontation), and end (resolution) that builds an arc of tension, conflict, climax, and solution.</p>
Film	M/W Block 2	Kat Kirk, Jamie Oyler	<p>In this project-based filmmaking course, students will gain the foundational knowledge and skills to create their own video production from the initial brainstorming to the final edits. Students will discover different roles in the film industry and be hands-on in all aspects of the media production process, including planning, storyboarding, filming techniques, as well as sound and video editing. Students will also learn various aspects of visual storytelling, including how to select a genre, themes, characters, motivation, and emotions. Projects may include short films, instructionals, stop-motion, PSAs, and more. Student films will be shown at the end-of-year Elizabeth Academy Film Festival and can be submitted to various film contests.</p>

Small Ensemble	M/W Block 2	Rachel Kucera	<p>In this course, students will be able to expand their musical abilities through engaging in musical small ensemble work. Using Montessori philosophy and elements of music therapy, this course is guided to the individual needs and interests of each student. Participants will also have the opportunity to improve their executive functioning skills, individual practice skills and time management, and will extend their knowledge through personalized project based learning pertaining to their individual musical goals and interests.</p> <p>In this class, students will continue to expand their musical knowledge and experience through working in a small ensemble group that rotates each quarter. Groups will range in size from 2 students to 5 students in each ensemble. Students will learn to play as an ensemble to perform a variety of classical and contemporary pieces. Music theory, notation, history, performance etiquette, and working as an ensemble will be the key components for this class. Students will be expected to practice outside of class and attend performance opportunities.</p>
WWII	T/TH Block 1	Bob Leake, Sean Strickland	<p>This will be a semester course where we will study the greatest cataclysm of the last two thousand years known as the Second World War. We will look at the battles, leaders, generals, admirals, everyday soldiers, sailors, airmen locked in mortal combat and the civilians caught in between. We will discuss the equipment, strategy and tactics used to fight the war. We will look at the true horrors of the war the holocaust, genocide, and the reality of modern warfare. We will study geography, as well as how cultural differences impacted the way the war was fought. Finally, we will examine how Americans view of the war, has changed over time through eyes of popular media (movies, television, and print media).</p>
Microeconomy	T/ TH Block 1	Kat Kirk, Shannon Foy	<p>In this experiential, project-based class, students will have the opportunity to design, plan, and run a small social enterprise from start to finish. Students will gain an understanding of social entrepreneurship and use the Design Thinking Process to develop business ideas and products. They will conduct market research and cost analysis and engage in product design and creation, marketing, and retail online and in person.</p>
Rock Band	T/ TH Block 1	Rachel Kucera	<p>In this course, students will be able to explore their musical interests within the rock genre and more. Students will be able to play guitar, percussion, keys, wind instruments,</p>

			<p>vocals, and other instruments depending on the strengths of the students! Using Montessori and elements of music therapy, this course is guided to the individual needs and interests of each student. Students will also have the opportunity to improve their executive functioning skills, working in a group, performance skills, and expand their knowledge and leadership skills to take ownership of the music ensemble.</p> <p>In this class, students will learn to play as an ensemble to perform covers of their favorite songs. We will study music theory to understand how to read music in various formats, learn about multiple music groups and musicians, performance etiquette, and listening to others in the group to play as one ensemble instead of as individuals.</p>
Psychology (.5-Semester long)	T/TH Block 1	Christine Strubell, Holly Postma	<p>During this course students will be introduced to the basic principles and theories within Psychology. We will cover units related to biology, human development, learning, cognition, social dynamics, and personality, as well as mental and physical health. We will develop questions, conduct research, examine theories, and form conclusions based on the concepts we discuss in class. This will be a class that piques student interest and engages them in learning about a topic that is applicable to every human being.</p>
Creative Writing (.5-Semester long)	T/TH Block 1	Jamie Oyler	<p>This unit-based course will immerse students in a variety of fun and engaging creative writing ventures, including lyric writing, legends, scary stories, theater, and more! Learn some of the essential skills of making your writing come alive and keep it interesting in a fun and creative way. Beyond the fun nature of the class, the skills learned that are valuable for whatever your future holds!</p>
Sculpture	T/TH Block 2	April Norby, Britta McAllister	<p>This Sculpture class is an introduction to the basic means of producing three dimensional art. We will look at how sculpture has evolved through civilization into its position within today's culture. Students will be introduced to a variety of materials, their properties and characteristics, while developing basic technical skills and an increased awareness of both aesthetic and conceptual choices. Materials we might explore but are not limited to are plaster, paper, clay, found objects, and papier-mache. Attention will be devoted to the development of a personal visual vocabulary and the cultivation of individual creative expression. Students must take Arts Foundations A or B before signing up for this class.</p>
Health (.5- Semester long)	T/TH Block 2	Jeff Swyers and Nicole	<p>During this course, students will be learning the importance of overall health. Main units will include mental/emotional health, physical health, substance abuse prevention, healthy nutrition, and human reproduction. Students will have projects in each unit that</p>

		Napolski	will help them identify and implement healthy skills in their personal lives. All units are taught using the Utah Core Standards.
Fitness for Life (.5-Semester long)	T/TH Block 2	Jeff Swyers and Nicole Napolski	This class teaches and gives the student ability to plan and implement different types of personal fitness programs, demonstrate competency in lifetime activities, describe key concepts associated with successful participation in physical activity, model responsible behavior while engaged in physical activity, and fill a need for self-expression, challenge, social interaction and enjoyment. There will be numerous physical activities and students will be exposed to different ways to make their individual body healthy.
Theater	T/TH Block 2	Shannon Foy, Holly Postma, Tanner Dance	Theater is a beginning course focusing on basic foundations and techniques in acting, improvisation, character analysis, and movement. This class wants each student to master studies in theater with broad preparation in liberal arts and humanities. This focuses the students on becoming familiar with basic acting techniques, theater history, dance, theatrical design, and theater production.